

Center50+

Villages Network

Autumn Service Days

NORTH SALEM/KEIZER - OCT 14TH

EAST SALEM - NOV 18TH

WEST SALEM - DEC 9TH



HOW CAN WE HELP YOU?

Yard Work?

Change a Lightbulb?

Run an Errand?

Help Decluttering?

Something Else?



SUBMIT YOUR REQUEST TODAY!

OR SIGN UP TO VOLUNTEER FOR ANY OF THESE EVENTS

CALL 503-588-6303

EMAIL US AT CONNECT50PLUS@CITYOFSALEM.NET



CHERRIOTS NEWS



November 2022



Route 80X is a new *Cherriots Regional express bus service* between *Keizer Transit Center* and *Wilsonville Transit Center*, serving the *Woodburn Memorial Park and Ride* (off I-5) with four round trips per day. The 80X will run every weekday. For more information about this new route visit: Cherriots.org/route80X.



Youth Zero Bus Pass

Cherriots has partnered with the cities of Salem and Keizer and the Salem-Keizer Public Schools District to provide this new program to the community. Youth riders do not have to have an actual pass, cash or proof of identity to use the local or regional buses. This investment ensures that children, teens and families now and in the future will have more access to school activities, community events, and jobs. For more information go to Cherriots.org/youthzeropass.

Service through the Holidays

- On Veterans Day, Nov. 11, 2022, Cherriots will operate at a Sunday service level.
- Cherriots will be closed on Thanksgiving Day, Nov. 24, 2022, returning to regular service levels on Friday, Nov. 25.

All holiday services and information can be found at Cherriots.org/holidays.



Join Citizens Advisory Committee

The District is recruiting members for the Citizens Advisory Committee (CAC) who advises the Cherriots Board of Directors on transportation-related issues. The CAC encourages and promotes Cherriots services that meet the needs of the Salem/Keizer community. To learn more on how to volunteer, go to Cherriots.org/cac.



Facebook.com/Cherriots



Twitter.com/Cherriots



Instagram.com/Cherriots

Sign up for our monthly newsletter at Cherriots.org/news

Fall leaves and the changing of their colors are such a beautiful site in our neighborhoods. But you know what isn't beautiful? Flooded streets and clogged storm drains.

That's why the [City of Salem](#) is helping neighbors dispose of their leaves and yard debris. And you don't even have to bag them and it's free! The use of large paper bags is encouraged because it makes it easier to dispose of directly into the pile without emptying. But placing the leaves in bags is not necessary.

Details:

November 19th and December 10th from 9 am - 3 pm.

Location: Brown's Island Demolition Landfill, 2895 Faragate St S.

Thank you to [Marion County Environmental Services](#) for your assistance with this event.



fall is here!

**The Fall Leaf Haul will be here
before you know it**

- ✓ November 19
- ✓ December 10

Details:
cwildman@cityofsalem.net, 503-589-2195



HOAP | Homeless Outreach & Advocacy Project

Meals | Showers | Laundry | Resources & Support



A safe space to access meals, showers, laundry, clothing, and hygiene kits.



Access to medical care, mental health care, and dental care at no cost



Case Management to help with health, housing, and employment goals.



Outreach and connection to community resources.



Quality Care | Compassionate People | For a Healthier Community

Come See Us For:

Available Services

- Clothing
- Meals
- Showers
- Hygiene Kits
- Laundry
- Medical Care
- Help with Housing
- Case Management
- Bus Passes
- Resource Information



HOAP Day Center

HOAP offers a wide range of services for adults facing homelessness.

- **Hours:** Monday through Friday | 9:00 a.m. – 2:00 p.m.
- **Lunch:** Served at 12:00 p.m.
- **Shower:** Sign up starts at 9:00 a.m.
- **Laundry:** Sign up starts at 9:00 a.m.

Showers and laundry services are first come, first served.

The hours of 2:00 pm to 5:00 pm are reserved for families and scheduled appointments.

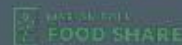
Contact & visit HOAP

P: 503.588.5827 | 694 Church St NE, Salem, OR 97301

Learn More: www.northwesthumanservices.org

Find Resources: www.midvalleyresources.org

Proudly Working In Partnership With:



NWHS is an equal opportunity provider & employer.

HOST *Health >> Outreach >> Shelter >> Transitions*

Meals | Showers | Laundry | Resources & Support



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Come See Us For:

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- Showers
- Laundry
- Medical Care
- Help with Housing
- Case Management
- Bus Passes
- Resource Information
- Phone & Computer Use

Showers and laundry services are first come, first served.



HOST Resource Center

Drop-In Hours: Monday - Friday | 9:00 a.m. - 2:00 p.m.
Open access for all youth & young adults ages 18 - 24

Our Resource Center provides basic needs and support services for youth and young adults. We offer a safe space for young people who need help setting goals, planning for their future, and connecting to resources.

Transitional Living Program (TLP)

TLP is a multi-phase program for enrolled young adults, ages 18 - 23.
Limit of 10 participants at one time.

Those enrolled in TLP stay in our 10-bed dorm, and have access to our staff and resources 24 hours a day. Each individual works with our Case Managers to set and accomplish their health, housing, education, and employment goals. TLP participants may eventually move into our shared housing units to further build their independent living skills in a supported environment. The ultimate goal of TLP is to help young adults to gain the skills, self-respect, and healthy supports necessary to transition to stable, long-term housing.

Contact & visit HOST

P: 503.588.5825 | 1115 Liberty St NE, Salem, OR 97301

Learn More: www.northwesthumanservices.org

Find Resources: www.midvalleyresources.org

Proudly Working In Partnership With:



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Marion and Polk County Community Resources

DHS Child Abuse Hotline: 503-378-6704

Liberty House: Child Abuse Assessment

503-540-0288

Cyber Tipline: 1-800-843-5678

Juliette's House: Child Abuse Intervention

Suicide Hotline: 1-800-273-8255

English: 503-435-1550 Spanish: 503-687-1396

Helplines and Resources

Oregon:

**24 Hour Day Crisis Hotline,
Psychiatric Crisis Center**
503-585-7979

Sex Offender Information:
Oregon State Police:
503-378-3725 x4431
www.sexoffenders.oregon.gov

Polk County:

Victims Assistance, District Attorney's Office:
503-623-9268

Sable House
289 E. Ellendale, Suite 701, Dallas
Crisis Line: 503-623-4033
www.sablehouse.org

Marion County:

Center for Hope and Safety:
605 Center St NE, Salem
www.mvwcs.com

Domestic Violence Questions/Support
24-hour crisis
503-399-7722
1-800-399-7722

Simonka Place Women & Children's Shelter:
5119 River Rd N, Keizer
503-362-7487
<http://www.ugmsalem.org>

Canyon Crisis Center
475 NE Santiam Blvd, Mill City
503-897-2327
www.canyoncrisis.org

Marion-Polk Legal Aid Service:
1655 State St, Salem
503-581-5265
1-800-359-1845
<http://oregonlawhelp.org>

Treatment Providers / Support Groups for survivors, parents, families

Liberty House Hope & Wellness Services:
Therapy, Counseling, Support
375 Taylor St NE, Salem
503-689-1006
www.HopeandWellness.org

**Safety Compass: concerns and support of
sex-trafficking, commercial exploitation**
Market St. NE, Ste. 507 Salem
971-235-0021
www.safetycompass.org

Websites for more information on child abuse and/or trauma

www.darkness2light.org www.trauma-pages.com www.stopitnow.org
www.educateempowerkids.org www.saferSMARTerkids.org

MID-VALLEY RESOURCES

SERVING SALEM & SURROUNDING COMMUNITIES



www.midvalleyresources.org

ph. 800.560.5535 | available 24/7

Find the Help You Need | When You Need It



Your one-stop connection to:

- medical care
- counseling
- suicide intervention
- homeless services
- emergency financial help *and more!*

powered by:



Crisis & Information Hotline

503.581.5535 or 1.800.560.5535 | TTD: 971-218-0241

Available 24/7/365



Available 24 hours a day, 7 days a week, 365 days a year for crisis support, suicide intervention.

interpreting services are available



Emergency financial assistance for rent, mortgage, utilities, and prescription medications.



Bus passes, food boxes, information and referrals to **community resources**.



Quality Care | Compassionate People | For a Healthier Community

Safe & Confidential Support

Our Crisis & Information Hotline is available 24 hours a day, 365 days a year. The Crisis & Information Hotline believes in **absolute respect** for you and your unique experiences. If you feel stress or anxiety due to your health conditions or other life events, call our Hotline for support, guidance and empowerment.

If you or someone you know is struggling with suicidal thoughts, difficult circumstances or uncomfortable thoughts and emotions, we are here to help. You do not need to be experiencing suicidal thoughts or feelings to call. We will provide a space where you can share openly and receive warmth and care from our trained crisis workers.

The Crisis & Information Hotline is accredited by the American Association of Suicidology, and is a member of the National Suicide Prevention Lifeline network.

Financial Assistance

If your household is facing a financial hardship, our Hotline may be able to help with rent, mortgage, utility bills, and some prescription medications. Please call the Hotline for a brief eligibility screening, and to learn what assistance is available.

Please note: Assistance is limited and based on funding availability.

To receive financial help, you will need:

- Documentation of need (*bills, notices, etc.*)
- Proof of household income (*those with TANF will qualify*)
- Valid photo ID
- Current prescription from doctor's office (*for medication assistance*)

Other Services

- Trauma debriefing
- Links to community resources
- Food boxes



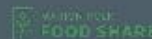
Contact Our Hotline

P: 503.581.5535 | 800.560.5535

Learn More: www.northwesthumanservices.org

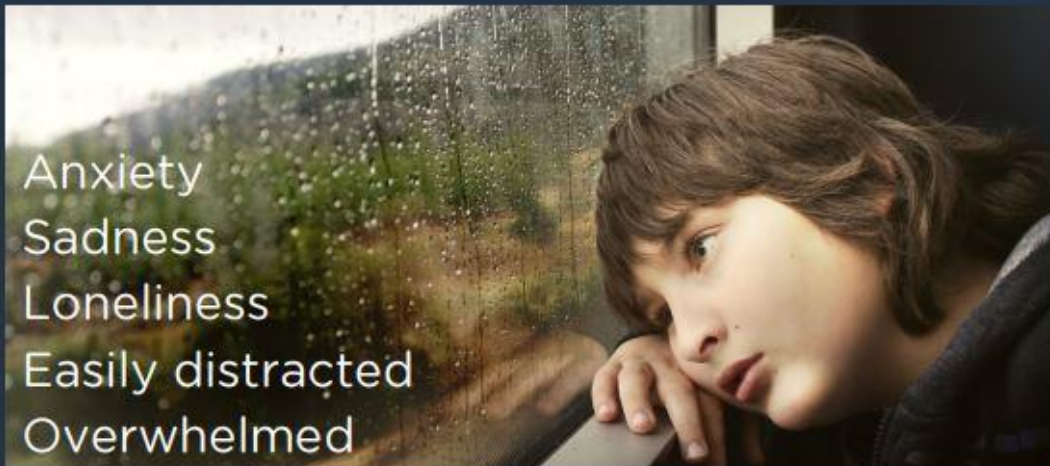
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Are you **concerned** about your child's behavioral or emotional health needs?



IF YOUR CHILD EXPERIENCES ANY OF THESE SYMPTOMS

Or if you have other concerns, Oregon Family Support Network and the Reach Out Oregon team are here for you. Reach Out Oregon is a FREE parent support service available to ALL Oregon families; regardless of income, insurance, diagnoses, or current program enrollments. A trained listener with lived experience is ready to take your call, text or email and support you and your family.

YOU MAY QUALIFY TO PARTICIPATE IN A PAID STUDY

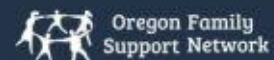
"OFSN is also participating in a study to understand how effective/helpful our work is.

For more information about participating in the study or receiving support, please contact Reach Out Oregon: 833-732-2467



Parenting can be Challenging
We get it, we are here for you.

www.reachoutoregon.org



How do I find help?

God has given our church a vision to help make Salem a **City at Peace with God**. It is our hope that these Salem Alliance and Community Partner Resources will help you receive His peace by addressing basic, relational and personal needs. For specific information on availability and type of services, please contact the resource directly.

COMMUNITY RESOURCES

Salem Free Clinics

Quality healthcare provided at no cost for the uninsured and underinsured.
503.990.8772 1300 Broadway St. NE, #104

Salem Free Counseling Clinic

Free counseling services for adults. Call for an appointment. A partnership between Salem Free Clinics and Corban University.
503.689.1585 1305 5th St. NE

Salem Pastoral Counseling

Counselors that accept private insurance and use an adjusted fee scale for the uninsured.
503.370.8050 2001 Commercial St. SE, Suite 200

Hope Station

A faith-based nonprofit organization dedicated to helping working individuals and families in need by providing grocery products, clothing, educational classes and other necessities.
503.339.7710 1337 Madison St. NE, #115

The Northwest Hub

Bicycles offered to those lacking basic transportation.
503.584.1052 1230 Broadway St. NE

Northwest Human Services

Emergency assistance, referral and crisis intervention.
503.588.5828 681 Center St. NE

Salvation Army Samaritan Services

Limited emergency financial assistance, food boxes and clothing.
503.585.6688 1977 Front St. NE

Mano a Mano

Services and support for Spanish-speaking families.
503.315.2290 2921 Saddle Club St. SE, # 1009

Arches

Day center, referrals and case management for homeless or those at risk.
503.399.9080 615 Commercial St. NE

Helping Hands

Baby and clothing items, household items, Monday-Thursday, Saturday: 9:00 am-12:00 pm.
503.364.9936 1755 13th St. SE

Hope Pregnancy Clinic

Medical care, options counseling, and a caring, confidential presence as you make your pregnancy decisions.
503.364.2464 2630 Market St. NE

Safe Families

Surrounding families in crisis with a caring, compassionate community.
503.485.8970 3737 Portland Rd. NE

Church @ the Park

Seeks to restore dignity while meeting the basic needs of unsheltered neighbors.
971.375.7491 2410 Turner Rd. SE

SALEM ALLIANCE CHURCH MINISTRIES

555 Gaines Street NE 503.581.2129

Salem Alliance Church believes that we are designed to live life in community. Here are some resources to help you live life in, and benefit from, community. Visit our website for more details.

Deaf Ekklesia

Hosts Zoom and in-person gatherings to edify one another on their mission for Jesus.
Bo & Whitney, VP: 971.239.5838 deafekklisia.org

Furniture Bank

Gently used furniture and household items delivered to those in need. If you are in need or want to donate, call 503.616.3772 or email kentatfurniturebank@gmail.com

RORS

Firewood seasoned, split and delivered for those in need, who use wood to heat their homes. Oct 1-Mar 31. If you are in need or want to donate, call 503.581.2129 or email rorsdispatcher@gmail.com

Feed Salem

Food assistance distributed on the third Saturday monthly from December-May. From 10 am-12 pm. Ashley, 503.581.2129 1405 Church St. NE

The Employment Network

Practical help for those who are in between jobs. Gordon, 503.581.2129

Grief Support Group

A grief and loss group to support those looking for healing. Gordon, 503.581.2129

Healing Prayer

Anyone desiring prayer for healing may request a team to anoint them with oil and pray for healing. Rosanna, 503.581.2129

Hope Connection

A support group for those who have a family member with mental illness. Gordon, 503.581.2129

TO CONTACT STAFF OR FOR MORE DETAILS ABOUT LIFE AND MINISTRY AT SALEM ALLIANCE, PLEASE VISIT WWW.SALEMALLIANCE.ORG

Peacemakers

Trained conciliators helping people respond to conflict, guided by biblical values.
Travis, 503.581.2129

Prayer and Emotional Support

Offers hope and support for those experiencing faith and life difficulties.
Gordon, 503.581.2129

Upper Room

A quiet place to pray and reflect, open to the public.
Open from 10 am–4 pm, Monday–Friday.
503.581.2129 Broadway Commons

You're Invited

Please join Salem Alliance Church for one of our weekend services:

Services

SATURDAYS 5:00 pm

SUNDAYS 8:00 am, 9:30 am & 11:00 am

EKKLESIA deafeklesia.org/livestream

LIVESTREAM Sunday, 9:30 am, saalemalliance.org

Our Mission

We exist to exalt Jesus Christ, become His fully devoted followers and share His grace and truth with all people.

For More Information

For more information about our church or to view a map, please visit our website at www.saalemalliance.org.

CHURCH & COMMUNITY RESOURCES



SALEM ALLIANCE CHURCH

555 GAINES STREET NE, SALEM, OREGON 97301
503.581.2129 | F 503.399.1375 | www.saalemalliance.org

REVISED 06.2022



SALEM ALLIANCE CHURCH

WE EXIST TO EXALT JESUS CHRIST,
BECOME HIS FULLY DEVOTED FOLLOWERS
AND SHARE HIS GRACE AND TRUTH WITH ALL PEOPLE.

Services—Fix-It Brigade

Here to Help!

FIX-IT BRIGADE

The Fix It Brigade cannot handle emergencies. The Fix-It Brigade program is designed to serve senior individuals and couples with minor repairs to client-owned homes and personal property.

Types of services rendered:

- In-home fall prevention safety survey
- Repair leaking faucets, drain traps, etc.
- Build risers for chairs, sofas, and beds
- Repair wooden steps
- Repair doors
- Install railings on steps
- Install or relocate closet rods
- Make minor repairs to fences
- Install smoke alarms (battery-operated only)
- Install deadbolt locks
- Install grab bars
- Some painting items, articles, doors, cabinets (not whole house)
- Repair cabinet hardware
- Install plastic on windows
- Minor caulking and weather stripping
- Install curtain rods and blinds
- Assemble new furniture

We are sorry, but we are **unable** to work on these:

- **NO** work on rentals
- **NO** work on ladders
- **NO** wheelchair ramps
- **NO** small appliances
- **NO** electrical
- **NO** plumbing

QUALIFYING POLICY

The Fix-It Brigade, a Center 50+ program, is designed to serve senior individuals and couples. The program consists of volunteers with a variety of trained skills used to make home repairs. Seniors who qualify for the program will not be charged for labor, but will need to supply all materials.

Seniors requesting this service should contact Center 50+ at 503-588-6303 to leave a message for the program coordinator. Please include your contact information and a short description of the services being requested. The program coordinator will return your call to coordinate available assistance.

Warming Shelters 2022

Cherriots provides FREE rides to and from Warming Shelters

Salem - Local

- Arches Day Center - 615 Commercial St NE - 503-399-9080 - Very close to Downtown Transit Center, #9 or #19 closest routes. Stop OB at Union @ High. Stop IB at High @ Division.
 - Open 11/8/22 - 11/16/22. 7:00am - 4:30pm.

- South Salem Friends Church - 1140 Baxter Rd SE - 971-304-9211 - Multiple Routes, #21 or #6 closest routes. Stop OB #21 at Commercial @ Baxter. Stop IB #21 at Commercial @ Baxter. Stop OB #6 at Baxter @ Commercial. Stop IB #6 at Commercial @ Baxter.
 - Open 11/8/22 - 11/16/22. 7:00pm - 7:00am.

- Union Gospel Mission - 777 Commercial St NE - 503-362-3983 - Very close to DTC. #9 or #19 closest routes. Stop OB at Union @ High. Stop IB at High @ Division.
 - Day Center: 5:00am - 7:00pm. Night Shelter: Check-In from 1:00pm - 4:30pm. UGM is a men's only shelter.

- HOAP - 694 Church St NE - 503-588-5827 - Very close to DTC, #23 closest route. Stop OB/IB at Church @ Mill Creek.
 - Open 9:00am - 2:00pm.